I want to:

* To show up giving honor and dignity to the women participating without restrain.
* To humble myself and my ideas in hopes of lifting these women, their communities, and the opportunities around them.
* Excellently demonstrate the material and honestly present the skills.

I will do this by:

* praying for the women and the time in preparation
* preparing the material well
* having a plan that includes intentional growth for the participants and plenty of flexibility
* communicating well with Emma and bolstering up her and Zakia in their hopes and purposes

Formation plan:

Day 01

* Intentional casual connection
  + When you think of needs in your community what comes to mind?
  + What kinds of problems do families have here?
  + What kinds of sicknesses do people get here?
  + When you do not know what to do, who do you ask?
* Introductory Lesson
  + Tell story with pictures, afterwards act it out as a skit
* Break for biscuits and coffee
  + Intentional casual conversation starters:
    - Tell me more about your families, villages
* Prevention Lesson
* Break for toilet and stretch
* Assign homework
* Oral group CIQ

Day 02

* Who was able to do their homework? What stories to share?
* Cuts and Burns
* Vaccine Lesson
* Break for biscuits and coffee
  + Intentional casual convos
* Women and Health
* Break for toilet and stretch
* Assign Homework
* Neighbor CIQ

Day 03

* Who was able to do their homework? What stories to share?
* Nutrition Lesson
* Break for biscuits and coffee
  + Intentional casual convos
* Hygiene Lesson
* Break for toilet and stretch
* Review by retelling the main stories of any of the lessons
* Certification Presentation
* Recorded one on one CIQ

Women for the training:

|  |  |
| --- | --- |
| Naima BAMOUH | نعيمة باموح |
| Khadija ECHAJIAA | خديجة الشجيع |
| Zakia ERROUMANI | زكية الروماني |
| Rkia REDOUANE | ارقية رضوان |
| Amal BAKADER | امال بقادر |
| Najia ERROUMANI | ناجية الروماني |
| Najma AIT OURAJDAL | نجمة ايت ارجدال |
|  |  |